

LIFE LEADERSHIP= LIFE OWNERSHIP©

Write Your Life Owner's Manual©

Life Leadership = Life Ownership

- Why are some people so successful while others are not.
- Equal opportunity does not always mean equal outcome.
- Life is not fair.
- Why do we admire people who do incredible feats, Olympians, actors, business folks.
- Why are we jealous of them?

Life Ownership Quotes

- "Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways, covered in scars, body thoroughly used up, totally worn out and screaming, what a ride."
- My daughter told me "Today is a gift that is why they call it the present"
- The only thing we have to fear is fear itself. FDR
- Harley ad campaign "We Don't Do Fear"
- The Bible Says "Do Not Fear" 365 times.


Adrift

- Do you feel like this?



Focused / At Peace / In Control

- Or do you feel like this?



Life Leadership = Life Ownership

- So do you feel like you are leading your life or is your life being led by someone or something else?
- Do you feel like a cork on the ocean?
- How many people do you know that have given in or given up.
- How many stories in the news do you read about cheating, stealing or worse harming others.

Life Leadership = Life Ownership

- Not leading / owning your life.
 - ▣ Gives you an excuse not to accept responsibility for your actions (or inaction).
 - ▣ You waste time on the unimportant. (electronics, social media, TV etc.)
 - ▣ Relationships are shallow.
 - ▣ You let other control your emotions. (They make me so...) You allow yourself to be ...
 - ▣ You give up too easily on yourself. (You tell yourself I can't..)
 - ▣ You make really bad decisions...This goes beyond your choice of haircut (80s mullet).

Bad Choices/The Streaker

- At football game in 2012 at half time a freshman student decided to strip down and run from one end of the field to the other. Police chased him and he got away...Seems pretty harmless
- He did this stunt while 100+ 1st-4th grade girls were on the field with the high school Pom/Dance team dancing to a routine the girls learned at a camp.
- They caught the streaker and he was charged over 100 counts of assault and he will be labeled as a sex offender
- This kid had his whole life in front of him and one really bad decision will be with him forever.

Write Your Life Owner's Manual

- We get them for everything .
- They tell you how to maintain and keep your appliance, car or motorcycle running at peak performance.
- How much effort you put in to the upkeep of the thing you have purchased relates to how well it will last and perform.
- Why don't we put in the effort into our health, mental acuity, marriages, friendships, spiritual commitment?
- I know what my answer is to this question: I learned this about myself. I do not like to put in the work... I wanted instant results.

Write Your Life Owner's Manual

- Don't you wish life had a ownership manual
- What if you could write the owner's manual for your life? Would you do it? Would it make you feel more empowered, fearless, proactive?
- Would a manual give you a sense of ownership of your life?
- Would this manual make you more content, thankful and happy?

Life Leadership = Life Ownership

- Owning your life
 - ▣ If you own something you have the freedom to make something happen.
- Owning a car vs. a rental car
 - ▣ You will take care of your car
 - ▣ Rentals not so much
- My life leadership comes from my faith
- Do not misunderstand I mess up every day....many times per day.
 - ▣ But when I fall down I try to fall forward...but not do a face plant.

Life Leadership = Life Ownership

- Why am I telling you all this?
- Too many people are letting life pass them by. We have the same 24 hours in a day.
 - ▣ TV, Internet, sports, entertainment, social media
 - ▣ They are losing their families, you set them example for your kids.
 - ▣ They are losing their potential
- You must resolve to yourself that you will own your life and your actions.
- You should write your life owner's manual.

Life Leadership = Life Ownership

What should I do next?

- The first thing you have to do is declare to yourself that you will lead your life and take responsibility for all your actions (past, present and future).
- Learn from your mistakes, forgive others and accept adapt and move on.
- The next thing is that you must do is to follow your conscience and do the right thing.

Life Ownership Manual

Chapters

- Love your family
- Positive attitude.
- Be thankful in all situations. Adversity may just be preparing you for the next big thing.
- Know your strengths.
- Embrace your responsibilities. Do not run from them.
- Know your blind spots. (ask someone close to you they know)
- Be able to laugh at yourself.
- Be humble.
- Be able to take criticism. Feedback is a gift.
- Develop a thicker skin. Let go of your past and do not worry about the future. Focus on the present.
- Be a zealot for your faith.
- Help others.
- Challenge yourself. Physically & Mentally

This is going to be hard....it will take Courage!

- Life leadership/ ownership requires effort:
 - We should not be surprised that to accomplish something difficult that we have to work really hard.
 - Physical fitness: I left myself go. 5 years ago I was over 220 lbs. on cholesterol meds.
 - I wanted to get into shape but did not want to take a fitness class. (I wanted an instant result)
 - Our society is too easily bored with instant success and instant results.
 - Hard work can be really fun and the results are huge.
 - Deepen relationships by talking with people vs. emails.
 - It takes courage to man-up / woman-up and do something hard and move forward.
 - There will be those who will doubt you and get in the way.

Work at it...

The first step is the first step

- If you have a goal that you have always wanted to accomplish then do it.
- Be realistic when you set your goals:
 - I will never play forward for a NHL team, be a medical doctor or have the physique of a cast member from the movie the 300.
 - But I can get into shape now at 199 lbs. and I am off cholesterol meds and play volleyball with my wife every week.

Reading Resources

- Maxwell Leadership Bible
- The Resolution for Men
- The Resolution for Women
- Stepping up: A Courageous Call to Manhood
- The Power of Positive Thinking
- The Servant
- Bulletproof: The Making of an Invincible Mind
- Courageous: A Novel
- The Power of Habit
- How will you measure your Life?